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## INSIGHTS

# Can green roofs and vertical gardens redefine commercial architecture?

*Exploring the transformative role of green roofs and vertical gardens in creating energy-efficient, aesthetically appealing, and healthier urban environments.*

by Gaurav Sanghavi of Pentaspace Design Studio

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As **sustainable** architecture continues to grow in importance, green roofs and vertical gardens are becoming integral elements in modern commercial buildings. These biophilic design features offer a way to seamlessly integrate nature into urban environments, contributing to energy efficiency and creating healthier spaces.

By incorporating living walls and green roofs, commercial **architecture** can enhance aesthetic appeal, reduce energy consumption, and improve air quality. These green installations offer multifaceted benefits such as temperature regulation, sound absorption, and promoting biodiversity in otherwise concrete-heavy cityscapes.

## The Power of Nature in Architecture

As an architect, I've always believed in the power of nature to transform spaces. In commercial architecture, integrating green roofs and vertical **gardens** isn't just about aesthetics — it's about bringing warmth, humanity, and a sense of connection to the otherwise rigid, structured environments.

In today's computer-oriented workplaces, where screens dominate our attention, the presence of greenery can offer a refreshing contrast. It softens the atmosphere, making spaces feel more inviting, fostering a sense of calm, and improving overall well-being.

breathes. Instead of merely focusing on cooling techniques, adding real greenery enhances freshness, improves air quality, and brings vitality to a space dominated by brick, mortar, glass, and steel. Nature has a way of making architecture feel more humane, and that's something we strive for in every project.

### **The Role of Biophilic Design in Well-being**

Biophilic design plays a crucial role in enhancing the well-being of building occupants. It doesn't have to start with large-scale interventions. It can begin as simply as placing a plant on your desk and gradually expand to common areas, pantry spaces, and breakout zones.



Gaurav Sanghavi of Pentaspace Design Studio

At an architectural level, incorporating greenery in lobbies, vertical transportation spaces, and ground-floor cafeterias creates a more vibrant, connected environment. Biophilic design isn't just a trend — it's a fundamental shift towards making our spaces healthier and more engaging.

### **Transforming Urban Spaces with Green Installations**

Beyond the environmental advantages, green roofs and vertical gardens create inviting, serene spaces that contribute to the well-being of occupants. From office buildings to hospitality venues, vertical gardens are transforming traditional structures into vibrant hubs where people can connect with nature, even in the heart of urban jungles.

The versatility of these systems — ranging from modular panels to hydroponic solutions — allows architects to breathe life into a variety of commercial spaces while also setting the stage for more eco-conscious and innovative design in the future of urban development.

### **Mitigating Urban Environmental Challenges**

Green roofs and walls also play a significant role in mitigating urban environmental challenges like pollution and heat. Heat gain through the roof is often an overlooked issue, and I believe that rooftops are vastly underutilised. Rather than serving as mere platforms for service installations, they should be transformed into human-centric spaces.

For example, in our Shaan Theatre project, we designed a rooftop space that encourages collaboration and social interaction. When smaller offices lack breakout areas, the roof presents a valuable opportunity to create community-driven spaces that add immeasurable value to the workplace.

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garden enhances the visual appeal of a building, making it more inviting.

More importantly, it fosters a seamless connection between the ground and the upper levels, creating a sense of continuity. When greenery is incorporated from the base of a building to its facade and up to the terrace, it offers a natural transition that feels organic and harmonious.

## The Importance of Maintenance in Green Design

Of course, maintaining these green elements requires careful planning. Drip irrigation is essential for efficient water management, preventing stagnation and potential mosquito breeding. Just as we regularly service air conditioning units, living walls require consistent upkeep to thrive.

A well-maintained irrigation system ensures the longevity of these installations, much like what we see in places such as Changi Airport in Singapore, where greenery and water features are balanced with meticulous maintenance and care.

## Redefining the Future of Commercial Architecture

Ultimately, integrating nature into commercial architecture isn't just about sustainability — it's about redefining how we experience spaces. Green roofs and vertical gardens create workplaces that breathe, spaces that inspire, and cities that feel more human. As we move forward, I believe this approach will become less of an option and more of a necessity in designing commercial environments that truly nurture and support the people who use them.

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